

**JAMAL MOHAMED COLLEGE (AUTONOMOUS)**

**TIRUCHIRAPALLI-620020**

**I-B.Sc., NUTRITION AND DIETETICS**

**“TASTOPEDIA 2K23”**



## Jamal Mohamed College (Autonomous)

Accredited (3rd cycle) with 'A' grade by NAAC  
(Affiliated to Bharathidasan University)  
Tiruchirappalli-620020.

### DEPARTMENT OF NUTRITION AND DIETETICS & B.VOC FOOD PROCESSING AND SAFETY

CORDIALLY INVITE YOU TO THE

# Tastopedia 2K23

FOOD SCIENCE PRACTICAL BASED ON BASIC FIVE FOOD GROUPS (ICMR)  
BY THE STUDENTS OF I B.S.C. NUTRITION AND DIETETICS

IN THE AUGUST PRESENCE OF THE  
MANAGEMENT COMMITTEE MEMBERS

**Dr. A.K. KHAJA NAZEEMUDEEN, D.Litt., (USA)**  
Secretary and Correspondent

**Dr. K. ABDUS SAMAD**  
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Director- Hostel Administration

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**Dr. S. ISMAIL MOHIDEEN**  
Principal  
**PRESIDES**

**Dr. K.N. ABDUL KADER NIHAL**  
Member & Honorary Director

#### FELICITATION

**Dr. A.ISHAQ AHAMED**  
Additional Vice Principal  
**Ms.A. FAMITHA BANU**  
Additional Vice Principal

**Ms.J. HAJIRA FATHIMA**  
Director- Women Hostel

**Venue:** Food science lab-Dept of N&D

**Date:** 14.09.2023

**Time:** 04:00 pm

*We welcome you all*

# **REPORT**

## **“TASTOPEDIA 2K23”**

### **REPORT:**

To bring together the importance of “Healthy Food”, The students of I B.Sc., Nutrition And Dietetics conducted food mela titled “Tastopedia2k23” at department of Nutrition and Dietetics in Food science laboratory on 14.09.2023(Thursday).The event was a great success in terms of 25 varieties of food items based on five food group prepared by the students. It was a fine learning experience for the students. The program started by 3:00 pm, the management committee members and department faculty witnessed the different food items, relished the food and appreciated the students.

### **OUTCOME:**

- Food mela motivates the students how to become good entrepreneur in the future and make to learn teamwork, collaboration and creativity.
- It creates an awareness on the importance of right and balanced diet. It highlights the indigenous knowledge of the students to choose nutritious food in the healthy and sustainable life.
- The mela educates the students about the importance of nutrition and promote the profession of dietician.

# “TASTOPEDIA 2K23”

